## Highly Nonlinear Light-Nucleus Interaction: Supplemental Material

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## 1. The NHM effect

The hyperfine interaction between the electron and the nucleus can be written as a summation over the scalar product of two irreducible tensor operators [S1]

$$V_{\rm HF} = \sum_{\tau=E,M} \sum_{lm} \frac{4\pi}{2l+1} (-1)^m \mathcal{M}_{\rm n}^{(\tau l-m)} \cdot \mathcal{N}_{\rm e}^{(\tau lm)}, \tag{S1}$$

where  $\mathcal{M}_{n}^{(\tau l)}$  is the nuclear multipole moment operator of type  $\tau$  (*E* for electric, *M* for magnetic) and rank *l*, and  $\mathcal{N}_{e}^{(\tau l)}$  is the multipole transition operator for the electron. They can be written as

$$\mathcal{M}_{n}^{(Elm)} = \int \rho_{n} r^{l} Y_{lm}(\theta, \phi) \, d\tau, \qquad (S2)$$

$$\mathcal{M}_{n}^{(Mlm)} = -\frac{i}{c(l+1)} \int \boldsymbol{j}_{n} \cdot \boldsymbol{L} \left[ r^{l} Y_{lm}(\theta, \phi) \right] d\tau,$$
(S3)

$$\mathcal{N}_{\rm e}^{(Elm)} = \int \frac{\rho_{\rm e}}{r^{l+1}} Y_{lm}(\theta, \phi) \ d\tau, \tag{S4}$$

$$\mathcal{N}_{\rm e}^{(Mlm)} = -\frac{i}{cl} \int \frac{\mathbf{j}_{\rm e} \cdot \mathbf{L} \left[ Y_{lm}(\theta, \phi) \right]}{r^{l+1}} \, d\tau. \tag{S5}$$

In the above formulas  $\rho$ , j, L represent the charge density operator, current density operator, and angular momentum operator, respectively.

It is convenient to use the basis of total angular momentum states, coupled by the 1s electron with angular momentum J = 1/2 and the nucleus with angular momentum I:

$$|F, m_F; J, I\rangle = \sum_{m_I, m_J} C_{J, m_J, I, m_I}^{F, m_F} |J, m_J\rangle \otimes |I, m_I\rangle,$$
(S6)

where  $C_{J,m_J,I,m_I}^{F,m_F}$  is a Clebsch-Gordan coefficient, F is the total angular momentum quantum number,  $m_I$  and  $m_F$  are the magnetic quantum numbers of I and F. In <sup>229</sup>Th<sup>89+</sup>, the hyperfine interaction splits the nuclear ground state  $(I_{\rm gs} = 5/2)$  into two levels with F = 2 and F = 3, and the isomeric state  $(I_{\rm is} = 3/2)$  into two levels with F = 2 and F = 1.

With Eqs. (S1-S6) and the Wigner-Eckart theorem [S2], the matrix elements of  $V_{\rm HF}$  can be written as

$$\langle F, m_F; J, I | V_{\rm HF} | F', m'_F; J, I' \rangle$$

$$= \delta_{Fm_F, F'm'_F} (-1)^{J+I+F} \sum_{\tau l} \frac{4\pi}{2l+1} \left\{ \begin{matrix} J & I & F \\ I' & J & l \end{matrix} \right\} \langle I | | \mathcal{M}_{\rm n}^{(\tau l)} || I' \rangle \langle J || \mathcal{N}_{\rm e}^{(\tau l)} || J \rangle.$$
(S7)

The electronic reduced matrix elements  $\langle J || \mathcal{N}_{e}^{(\tau l)} || J \rangle$  are calculated using the electron wave function, whereas the nuclear reduced matrix elements  $\langle I || \mathcal{M}_{n}^{(\tau l)} || I' \rangle$  are obtained by relating them to established nuclear multipole moments and reduced transition probabilities. Taking magnetic dipole as an example, the nuclear magnetic moments

$$\mu_{I} = \sqrt{\frac{4\pi}{3}} C_{I,I,1,0}^{I,I} \frac{\langle I || \mathcal{M}_{n}^{(M1)} || I \rangle}{\sqrt{2I+1}},$$
(S8)

and reduced transition probabilities

$$B(M1; I' \to I) = \frac{\left| \langle I || \mathcal{M}_{n}^{(M1)} || I' \rangle \right|^{2}}{2I' + 1} \quad (I \neq I').$$
(S9)

The nuclear magnetic moments have experimental values  $\mu_{gs} = 0.360 \ \mu_N$  [S3],  $\mu_{is} = -0.376 \ \mu_N$  [S4], with  $\mu_N$  being the nuclear magneton. The reduced transition probabilities are adopted from numerical calculation results of Minkov and Pálffy [S5] with  $B(M1; is \to gs) = 0.008$  and  $B(E2; is \to gs) = 42.9$  in Weisskopf units.

According to Eq. (S7), states with the same quantum numbers F and  $m_F$  have non-zero non-diagonal elements, i.e., these states are mixed. The mixing effect becomes clearer by diagonalizing the matrix of  $V_{\rm HF}$  to obtain the eigenstates of the system, which has been shown in Eq. (1) in the main text. The mixing coefficient b is calculated to be -0.03066.

## 2. Light-nucleus interaction

Here we present more details on the interaction between the intense laser pulse and the  $^{229}$ Th<sup>89+</sup> ion. The Hamiltonian of this laser-nucleus-electron system can be written as

$$H = H_0 + H_{\rm I}(t) = H_{\rm e} + H_{\rm n} + V_{\rm HF} + H_{\rm I}(t), \tag{S10}$$

where  $H_{\rm I}(t)$  is the interaction Hamiltonian with the laser:

$$H_{\rm I}(t) = -\frac{1}{c} \int \left[ \boldsymbol{j}_{\rm e}(\boldsymbol{r}) + \boldsymbol{j}_{\rm n}(\boldsymbol{r}) \right] \cdot \boldsymbol{A}(\boldsymbol{r}, t) \ d\tau.$$
(S11)

The vector potential of the laser field is written as

$$\boldsymbol{A}(\boldsymbol{r},t) = \frac{\boldsymbol{\epsilon}}{2} A_0 f_A(t) e^{i(\boldsymbol{k}\cdot\boldsymbol{r}-\omega t)} + \text{c.c.}, \qquad (S12)$$

where  $\boldsymbol{\epsilon}$  is the polarization vector,  $A_0$  and  $f_A(t)$  are the amplitude and envelope function of the vector potential.  $\boldsymbol{k}$  and  $\omega$  are the wave vector and frequency. The vector potential can be expanded in multipole series [S6]

$$\boldsymbol{A}_{\nu}(\boldsymbol{k};\boldsymbol{r}) = \hat{e}_{\nu}e^{i\boldsymbol{k}\cdot\boldsymbol{r}} \\ = -\nu\sqrt{2\pi}\sum_{lm}\sqrt{2l+1}i^{l}D_{m\nu}^{l}(\phi,\theta,0)\left[A_{lm}(\boldsymbol{k};\boldsymbol{r},M) + i\nu A_{lm}(\boldsymbol{k};\boldsymbol{r},E)\right],$$
(S13)

where  $\hat{e}_{\nu}$  is a spherical vector,  $\hat{e}_0 = \hat{z}$ ,  $\hat{e}_{\pm 1} = \mp \frac{1}{\sqrt{2}} (\hat{x} \pm i\hat{y})$ .  $D^l_{m\nu}(\phi, \theta, 0)$  denotes the Wigner-D function and  $(\theta, \phi)$  gives the direction of wave vector  $\boldsymbol{k}$ .  $A_{lm}(\boldsymbol{k}; \boldsymbol{r}, \tau)$  are transverse vector spherical harmonics

$$A_{lm}(\boldsymbol{k};\boldsymbol{r},M) = \frac{1}{\hbar\sqrt{l(l+1)}} \boldsymbol{L}\left[j_l(kr)Y_{lm}(\hat{r})\right], \qquad (S14)$$

$$A_{lm}(\boldsymbol{k};\boldsymbol{r},E) = \frac{-i}{\hbar k \sqrt{l(l+1)}} \nabla \times \boldsymbol{L} \left[ j_l(kr) Y_{lm}(\hat{r}) \right].$$
(S15)

Using Eqs. (S11-S15) and the long wavelength limit  $j_l(kr) \approx (kr)^l/(2l+1)!!$  characterized by  $kr \ll 1$ ,  $H_I(t)$  can be written as a linear combination of  $\mathcal{M}_n^{(Elm)}$  and  $\mathcal{M}_e^{(Elm)}$ , where the form of  $\mathcal{M}_e^{(Elm)}$  involves replacing the nuclear charge density and current density in Eqs. (S2-S3) with those of the electron. Similar to Eq. (S8), the electron multipole moment is proportional to the reduced matrix element (e.g.  $\mu_e \propto \langle J || \mathcal{M}_e^{(M1)} || J \rangle$ ). The magnetic dipole moment operator of the system is  $\hat{\mathbf{m}} = \mathcal{M}_n^{(M1)} + \mathcal{M}_e^{(M1)}$  [used in Eq. (5) of the main text].

The interaction Hamiltonian can also be written in the following form:  $H_{\rm I}(t) = E_{\rm I} \mathcal{F}(t)$ , where  $E_{\rm I}$  is a timeindependent interaction energy, and  $\mathcal{F}(t) = f_A(t)e^{i\Omega t} \left[e^{-i\omega t} - (-1)^l e^{i\omega t}\right]/2$  is a time-dependent envelope. Here  $\Omega = \Delta E/\hbar$  is the frequency gap between the two levels under consideration.  $0 \leq f_A(t) \leq 1$  is the envelope function of the vector potential. For l = 1,  $\mathcal{F}(t) = f_A(t)e^{i\Omega t} \cos \omega t$ , so  $0 \leq |\mathcal{F}(t)| \leq 1$ . The laser field is assumed to be polarized along  $\hat{x}$  and propagating along  $\hat{z}$ . Taking the transition between  $|F = 2; \text{down}\rangle$  and  $|F = 2; \text{up}\rangle$  for example. Consider the magnetic quantum numbers of the two states to be  $\{m_{\text{down}}, m_{\text{up}}\}$ , then the interaction energy can be written as

$$E_{\mathrm{I}} = \mathcal{E}_{0} \frac{5\sqrt{6\pi}}{3} \sum_{\nu=\pm 1} \begin{pmatrix} F & 1 & F \\ m_{\mathrm{up}} & \nu & -m_{\mathrm{down}} \end{pmatrix} \begin{bmatrix} (1-2b^{2})\langle I_{\mathrm{is}} || \mathcal{M}_{\mathrm{n}}^{(M1)} || I_{\mathrm{gs}} \rangle \begin{cases} F & 1 & F \\ I_{\mathrm{gs}} & J & I_{\mathrm{is}} \end{cases} \\ + b\sqrt{1-b^{2}} \sum_{I=I_{\mathrm{gs}}, I_{\mathrm{is}}} \langle I || \mathcal{M}_{\mathrm{n}}^{(M1)} || I \rangle \begin{cases} F & 1 & F \\ I & J & I \end{cases} + \langle J || \mathcal{M}_{\mathrm{e}}^{(M1)} || J \rangle \begin{cases} F & 1 & F \\ J & I & J \end{cases} \end{bmatrix}.$$
(S16)

With Eqs. (S2-S3), Eqs. (S8-S9), and the Wigner-6j symbols evaluated, Eq. (S16) can be derived into the following relatively simpler form

$$E_{\rm I} = \mathcal{E}_0 \frac{5\sqrt{6\pi}}{3} \sum_{\nu=\pm 1} \begin{pmatrix} 2 & 1 & 2 \\ m_{\rm up} & \nu & -m_{\rm down} \end{pmatrix} \times \left[ \frac{(1-2b^2)}{5\sqrt{3}} \sqrt{B(M1)} + b\sqrt{1-b^2} \left( \frac{\sqrt{5}}{2\sqrt{2\pi}} \mu_{\rm e} - \frac{7}{5\sqrt{10\pi}} \mu_{\rm gs} + \frac{3}{2\sqrt{10\pi}} \mu_{\rm is} \right) \right].$$
(S17)

The transition energies between other levels of  $^{229}$ Th<sup>89+</sup> (wavy lines in Fig. 1 of the main text) have similar forms and are numerically on the same order of magnitude. The electric quadrupole (*E*2) terms can be neglected due to the dominance of magnetic dipole (*M*1) terms.

For the bare nucleus, the electronic current density in Eq. (S11) is zero. The interaction energy can then be obtained by a similar derivation

$$E_{\rm I} = \mathcal{E}_0 \frac{4\sqrt{\pi}}{\sqrt{6}} \sum_{\nu=\pm 1} \begin{pmatrix} I_{\rm gs} & 1 & I_{\rm is} \\ m_{\rm gs} & \nu & -m_{\rm is} \end{pmatrix} \sqrt{B(M1)}.$$
 (S18)

It can be seen from Eq. (S17) and Eq. (S18) that the main difference between <sup>229</sup>Th<sup>89+</sup> and <sup>229</sup>Th<sup>90+</sup> is the presence of the magnetic dipole moment of the 1s electron, which is about three orders of magnitude lager than the nuclear moments  $\mu_{\rm gs}$ ,  $\mu_{\rm is}$ , or  $\sqrt{B(M1)}$ . For the purpose of conciseness in presentation, when we explain the interaction energy in the main text, we have neglected some detailed coefficients in these two equations.

The time-dependent Schrödinger equation [Eqs. (2-4) in the main text] can be numerically solved with the detailed terms given in Eqs. (S10-S18). In this study, we employ the Runge-Kutta method with 8th-order and 9th-order pairs for numerical computations [S7]. This widely adopted method offers both high accuracy and computational efficiency.

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